



Teven-Tintenbar Public School



Term 4 Week 5 - Monday 12th November 2018

Out of School Care

Thank you to everyone who has replied to the Facebook post. The process to establish an OOSC program takes many months so at this stage we can't provide any dates.

To move further in the process, we need the survey, attached to this newsletter, to be completed and returned to the office by 16th November 2018.

Swimming

Thank you to everyone who has sent swimming notes and payment in.

Payment will only be accepted up to 3.30pm this Wednesday 14th November. A list of what to bring was included in last week's newsletter and can be found on our Facebook page at 3.30pm today

Lessons start next week on Monday 19th November. K-2 children will be the first to leave at 9.30am. Please ensure your children are on time, as the bus cannot wait for late arrivals.

Save the dates

There are many things happening in the next few weeks.

Friday 16th November- Last day of Kindergarten Orientation. We have been enjoying having our new students visiting us.

Monday 19th- Friday 30th November- Swimming Lessons every day except for Wednesday 28th November.

Monday 26th November- Year 5 given information/applications for school captains in 2019.

Tuesday 27th November- Last week of Scripture and last school assembly for 2018

Tuesday 4th December- Captains 2019 speeches and student voting. This will be at 9.30am. Parents are welcome

Wednesday 5th December- Last ICARE assembly and morning tea for 2018.

Wednesday 12th December- Reports home. If you are a non-custodial parent and your name is on the enrolment form, you may ask the office (66878210) to provide you with a copy of your child's report.

What's on ...

14th November

Swimming notes & money due

16th November

Kinder Orientation - all day

19th November

Swimming lessons begin
Mobile Library

22nd November

P & C meeting @ 2.15pm

27th November

Last school assembly

4th December

Captains speeches 9:30am

5th December

Final ICARE Assembly

12th December

Reports home



Year 5/6 and Year 4/5 have enjoyed making wonderful creations using the 3D printer this Term.

Sam is pictured with some of the 3D space objects he created for his classroom.

Respect - Responsibility - Results

teventint-p.school@det.nsw.edu.au | Ph 6687 8210 | www.teventint-p.schools.nsw.edu.au

Welcome back

Today we welcome back Ms Slingsby. The children were all very excited to see her and can't wait to have her back in the classrooms.

Classes 2019

You may have noticed we have the footings for our demountable building. We have no idea when the building itself will arrive but we are anticipating it will be here before the start of the 2019 school year.

As Mrs Lasserre will be continuing her role as the Learning & Support Teacher, we welcome Miss Claire King to our teaching staff for 2019. Mrs Toscan is taking leave for the year to further her studies and spend time with her son who is starting school in 2019.

Swimming Carnival 2019

Due to the District Swimming Carnival being early in the term, we are holding our school carnival on Friday 1st February. This will be for children who turn 8 or older in 2019. Permission notes will be sent home next week with the newsletter.

The School is covering the cost of this event- so you just need to fill in the note and send it back to the office. It is imperative that you read the note carefully and complete it as requested. Failure to do so will mean your child will not be able to swim in any events.

Trivia night cancelled

Due to this very busy time of the year, we have decided to hold the Trivia night in 2019. Thank you for those who had organised a table, we appreciate your support and look forward to seeing you in 2019.

Sun care

We are not allowed to provide sun screen to children. We encourage you to put a roll on sunscreen (or similar) into your child's bag on hot days for them to reapply, or encourage your child to say in the shade on the hotter days. Please do not send spray types of sun screen.

Regatta Day

Here is a hint.... *Children will need their swimmers.*

More information to come in future newsletters.

2018 School Fees

If anyone has outstanding 2018 fees, it would be greatly appreciated if these could be paid as soon as possible.

To all our families who have paid the \$90 per year school fee, we appreciate your support of your child's education.

L.S.T.T BAND NEWS

Performances

Our main performance for this term will be Lennox Head Carols by Candlelight Junior and Senior Band Combined, Sunday 2 Dec Williams Reserve, Lennox Head. Time-TBA

Monday Rehearsals

Just a reminder Monday rehearsals are running at Lennox Head P.S. from 4-5pm. Our last one for 2018 will be Monday 26 November.

Welcome to all our young beginners who will be participating in rehearsals over the coming weeks. We are looking forward to you joining us for our performance at Lennox Head Carols by Candlelight.

Music Lessons

Lessons will continue as normal for the rest of term. This includes whilst swimming is on during weeks 6 and 7. kids_musik@yahoo.com.au



Inadequate sleep may be linked to a sluggish metabolism!

Mounting evidence points to poor sleep resulting in a sluggish metabolism, and poor sleep is a risk factor for becoming overweight!

The recommendations for sleep are:

Preschool (3 – 5 years) 11- 13 hours/ night
School (5 – 12 years) 9 – 11 hours/a night
Teens (12 – 18 years) 8.5 – 9.5 hours/ night Some hints for a healthy sleep:

- Consistency: going to bed and rising at a regular time (be firm)
- having a 30 – 60 minute quiet time before bed; this might include a bath or shower, pyjamas, a drink, cleaning teeth, a toilet visit, a bedtime story, a goodnight kiss and then lights out as parents leave the bedroom.
- No screens (TV, IPADS, phones or game consoles) in the bedroom



Date: _____

Dear _____

My child _____ in class _____ was absent from school on _____

because _____

Parent _____

ABSENT NOTE

To assist us to explore the possibility of an OSHC service at our school, parents are asked to complete the survey below. The decision about establishing a service will be based on this survey, so if you are interested in using this proposed service, please take the time to complete this survey.

PLEASE RETURN BY FRIDAY 16TH NOVEMBER 2018

1) Which year group are your children in? – Please indicate how many in each year group.

Kindy—Year 2	Years 3-4	Years 5-6
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2) When do you think you would be most likely to use the OSHC service? Please indicate number of children. (If occasionally indicate days)

Service Required	Regularly					Occasionally (No. of Days)
	Monday	Tuesday	Wednesday	Thursday	Friday	
Before School Care						
After School Care						
Vacation Care						
Staff Development Days						

3) Please circle the times you would most likely require the service to be open (From – To).

Before School	6:30am	7:00am	8:00am
After School	4:00pm	5:00pm	6:00pm
Vacation/Staff Development	6:30 – 4:30	7:00am – 5:00pm	6:30 – 6:00pm

Please return this note to the office by 16th November 2018

Parent / Carer Name: _____

Phone number: _____

Childs Name(s): _____

Class(s): _____ (2018)

Thank you

Ginny Latta, Principal