



## Teven-Tintenbar Public School



Term 2 Week 1 - Tuesday 30th April 2019

### Small Schools Cross Country

The Small Schools Cross Country will be held at Teven-Tintenbar PS this Friday 3<sup>rd</sup> May. As the track runs around the inside of the school perimeter, no cars can enter or leave the school grounds during the races. You will need to park in the surrounding streets. Please don't block anyone's drive way and be mindful of the quality of the neighbours grass verge when parking. The road between the school and Fredericks Lane (near the pedestrian entrance) is a private road - please do not park there at all. Road rules need to be followed- don't park too close to a corner, don't block traffic, don't block driveways

There will be parents from five other schools who will also be looking for parking. If you are only coming to watch younger children, you might consider arriving at lunchtime as this is when other schools are leaving.

### Things to consider:

Both sets of fixed equipment is out of bounds for the duration of the carnival, including pre-schoolers, as there is no teacher supervision in this area.

\*Dogs of any size are not allowed on any school sites at any time, regardless of whether they are leashed.

\*There is a sausage sizzle and shop available for purchases.

\*Children need to wear TTPS sport uniform- not house colours

\*Provide something to sit on (eg old towel), lunch, recess, drinks, sunscreen, mozzie repellent, hat.

We know parents get very excited watching children race, but we require you to stay in the audience area and not near the recording desk or the track. You will be told to leave the track area if you are hindering the runners in any way. Please watch your toddlers who may run onto the track.

### What's on ...

3<sup>rd</sup> May

Small School Cross Country at TTPS

7th May

Soccer Gala Day - Snr students only

8th May

Mobile Library

Mother's day stall

14th, 15th, 16th & 20th May

NAPLAN

16th May

Bravehearts K-1



### ANZAC Day

Our school was well represented at the Anzac Day ceremony in Ballina. Thank you to our families for taking the time to bring your children to the march. It is greatly appreciated. Thank you to Mrs Sawras, Ms Talbot, Mrs Hambly and Rachel Doyle for marching with our students.

Respect - Responsibility - Results

teventint-p.school@det.nsw.edu.au | Ph 6687 8210 | www.teventint-p.schools.nsw.edu.au

The APPROXIMATE race times are:  
 10:40-12/13 yo boys/girls  
 11:00- 11 yo boys/girls  
 11:20- 10 yo boys/girls  
 11.40- 8/9 yo boys/girls  
 12.00- lunch break-some other schools are leaving  
 12:30- 7 yo boys/girls  
 12:40 – 5/6 yo boys/girls

Some children have sport trials on this day. Our Sport Policy states: *Sometimes a student who is known to have potential in a particular event and is absent from a school event, MAY be awarded a place at District level, should it not be detrimental to another child. (ie adding the child does not mean another child misses out on participating at district level) In this circumstance, the child would not be awarded any points at school level. They would be awarded the 5 points for district level if they attend the district carnival.*

## Canteen – Cross Country

This Friday we are running our top shop and sausage sizzle. Five small schools will be attending so we are asking for help on the day and for donations of baked goods would be lovely too. We have a canteen roster in the front office so please let us know if you can help. You will not miss your children's race if you help out.

## NAPLAN 2019

In two weeks, our Year 3 and Year 5 students will participate in NAPLAN online. If you have any questions, please speak to class teachers or Mrs Latta. More information can be found at: <https://www.nap.edu.au/home>

## Opportunity Class (OC)

Opportunity classes cater for Year 5 and Year 6 academically gifted and talented students. These classes help gifted and talented students to learn by grouping them with other gifted and talented students and using specialised teaching methods and educational materials at the appropriate level. Parents normally apply when students are in Year 4. Students who are placed then attend

the opportunity class full time in Years 5 and 6 at the primary school with an opportunity class. It is a two-year placement program. In the majority of cases, students who accept a place in an opportunity class will leave their current school to attend the school with an opportunity class.

An EOI has been provided to all Year 4 students today. If you are interested in the OC for your child, complete the EOI, return it to the office and you will be provided with an information pack. You must apply online by Friday 17 May 2019. The application site will close at 10pm on 17 May 2019. The closing date will be strictly observed except where there is a shortage of suitable candidates or where extenuating circumstances are serious and well documented.

## Athletics Term 2

During sport afternoons, students 8 years or older will be trying out for field events leading up to the district athletics carnival. Our track events carnival will be held later in term 2.

We have not been able to access a coach for high jump so this will not be part of our field events. If your child has a proven jump height (from Little Athletics, 2018 district/zone/regional or state) we are happy to put your child through to the district carnival as long as the height matches or better the minimum height requirement. Please see Mrs Latta if you have any questions. No points will be given at school level for high jumps. The pre-set distance and height requirements for District and beyond are: **High Jump** Jnr Girl 100cm, Jnr Boy 105cm, 11yr Girl 105cm, 11yr Boy 110cm, Snr Girl 110cm, Snr Boy 115cm **Discus** Jnr Girl 12m, Jnr Boy 15m, 11yr Girl 14m, 11yr Boy 17m, Snr Girl 16m and Snr Boy 18m

## Mothers Day Stall

Wednesday 8<sup>th</sup> May we will be holding our Mother's Day stall. Gifts are \$5. There may be an opportunity for students to purchase a second gift once everyone has been through the stall. This is run by the P&C and we thank them for organising this

wonderful way for children to surprise their mothers.

## CROSS COUNTRY HELPERS NEEDED

### 3rd MAY - Week 1 Friday

If you are able to give a hand in the canteen for Cross Country please fill in the roster in the front office or return the attached slip with suitable times.

**Please fill in the attached form if you are able to spare a little time to help.**

✂ —————

**I would love to help at the sausage sizzle and top shop.**

Name

Phone

*Thank you*



### Get Active!

Regular physical activity is an important part of a healthy lifestyle. Making physical activity a priority and encouraging good habits in children from an early age is important and can help them to develop the skills they need to be active throughout their lives.

### Why is being active important?

Children benefit greatly from being active as it can:

- Promote healthy growth and development
- Build strong bones and muscles
- Improve movement skills
- Improve cardiovascular fitness
- Help achieve and maintain a healthy weight
- Improve academic achievement
- Help relaxation
- Provide opportunities to make friends
- Improve self-esteem and self-confidence

Children who are not physically active enough will not have the opportunity to gain these benefits and are at an increased risk of becoming overweight or obese. Being overweight or obese long term can contribute to conditions such as Type 2 diabetes, high blood pressure and cholesterol, and heart disease.